

Autism Navigation in Action

Our Advocates can discuss your issues and concerns, helping you to identify and explore your choices.

We can provide information on your legal rights, the services available to you and how you can access them, for example you may be entitled to extra support at work due to a disability under the Equalities Act 2010. We can support you to access specialist help, such as Housing or Benefits Advisors.

We can support you to plan for meetings, draft correspondence and raise the issues you want to. We can accompany you to meetings that concern your rights and entitlements:

- ◆ In the workplace to talk to your employers
- ◆ Medical appointments
- ◆ Benefits advisors
- ◆ Education
- ◆ Community Connection
- ◆ Group and peer to peer support

SUMMIT will work in partnership with you and engage using your preferred method of contact



SUMMIT

ADVOCATING EMPOWERMENT. SUPPORTING INDEPENDENCE.

Autism Navigation Support across Essex, Southend and Thurrock.

Supporting adults and families through the diagnostic process from the beginning and beyond.



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The Autism Navigation Service

SUMMIT offers a professional advocacy and support navigation service.

We are independent and we work solely on the behalf of the people that use our service, ensuring there is no conflict of interest with funders and other service providers.

We support people who may have been referred for an assessment of Autism, helping them to engage in the process and ensuring their voice is heard. Whilst people are waiting for a diagnosis we can work in partnership with them to help resolve any problems they may be experiencing now in their day to day lives.

We also support people who may have recently been diagnosed and are experiencing barriers accessing the services they need to lead a better life.

We also provide information and guidance to families and facilitate support groups.

The Autism Navigator Service Is funded by:



An Autism Navigator will

- ◆ Listen to you
- ◆ Ensure you are receiving the same opportunities as non-autistic people. This includes employment, health services or education
- ◆ Help you to improve key relationships through a better understanding of Autism
- ◆ Look at issues with you realistically, providing non judgemental support
- ◆ Help you access information which will support you to make your own decisions
- ◆ Support you to look at any entitlements you may be eligible to receive
- ◆ Make challenges on your behalf if you feel you have been unfairly treated
- ◆ Provide light touch support to families of individuals aged 16 and over who may need, guidance and support.